

Creativity Meets Structure



Creativity & Spontaneity in Psychodrama

Sometimes we are irritated or blocked in our professional or personal roles.

Many personal and collective problems are worsened because we either avoid dealing with them or cling to outmoded solutions, and these behaviors are, in turn, at least partly due to a lack of skills in creative thinking.

How to find a constructive way out?

Psychodrama and its strengthening of creativity offers new insights into what is happening and enables us to find a new solution, both for ourselves and in coaching, supervision, organisation facilitating and counselling.

In the workshop we will show and experience several methods to deal with difficult situations. You will have the opportunity to empower your creativity and to increase your variety of methods.

Moreno believed that spontaneity and creativity were the cornerstones of human existence. Without creativity, where would the world be? There is always a creator and the thing created.

Spontaneity is a catalyst for creative activity

If placed on an imagined line representing a continuum, spontaneity would be positioned at the one end and anxiety at the other.

Imagine a fulcrum in the middle of the line; the higher a person's level of anxiety the lower the degree of spontaneity and vice-versa.

We need to give more attention and recognition to the importance of fun, interest, and excitement, as motivating elements in life.

Psychodrama cultivates this ability by emphasizing such elements as exaggeration, amplification, concrete representation, physical action, and imagination.

Vitality may be further enhanced by role expansion so we can break out of character, or, better, build in a far more flexible and multifaceted character.



Details

Dates & timings:

December 2022

14th : 2pm--5.30pm

15th: 9.30am—5.30pm

16th: 9.30am—5.30pm

17th: 9.30am—2pm

Venue:

Andaz Hotel

Asset No. 1, Aerocity, New Delhi, Delhi,
India, 110037

Tel: +91 11 49031234

delhi.andaz@hyatt.com

Certification :

Upon full participation, Vedadrama will
issue a certificate.

Program Fee:

Rs 17,000 plus 18% GST= Rs 20,060
(facilitation fee only; does not include
lunch)

Early Bird offer: Rs 15,500 plus 18% GST=
Rs 18,290 for registering before 31st
October 2022

For Registration:

Contact Nidhi Sekhar

<nidhiy2k@gmail.com>

Whatsapp: +971504027599

Fees to be paid to:

Dialog Services

Kotak Mahindra Bank

JMD Regent Square Mehrauli, Gurgaon
Road, Gurgaon 122002

Account no: 0611487962

IFSC code: KKBK0000261

Trainer

Klaus Ernst Harter (Germany)

Director of rehabilitation center for drug addicts
Germany;

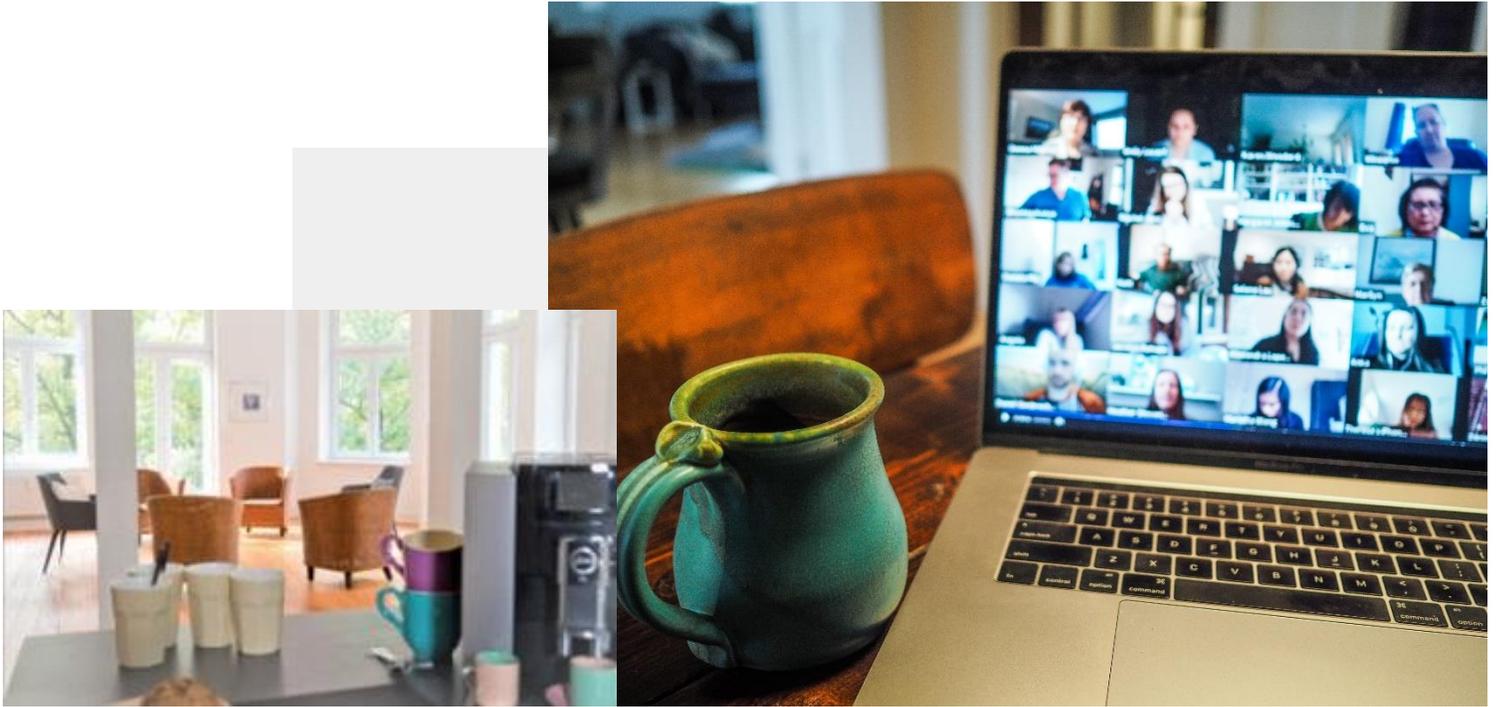
Director and International Coordinator for
Psychodrama Education in Russia of the Moreno
Institute for Sociometry Psychodrama and Group
psychotherapy in Germany;

Trainer, Supervisor and Examiner for Vedadrama,
India;

A creative and engaging teacher; designs
trainings that are clear, powerful, and integrative
for learning and experiencing.

Has travelled extensively in India and has worked
with Counselling Centers in Kerala.





www.vedadrama.com

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