



psychodrama and sociatry

Exam Manual

2022-23

Exam Manual Summary

This is the exam manual for Vedadrama India one years, two years or full international exam.

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Pls read carefully and apply in writing to ceo@vedadrama.com for your 1 or 2 years exam or 4 years full exam.

Registration

Pls hand your exam **application** at least 3 months before exam itself

- Your short **biography**/CV (one page) and ONE (max. 2) scan(s) of university degree(s) (if any)
- Your A -log with 20 or 40 credits for PLP and PLEP exam
- For CP exam:
 - Full A – log
 - If you had training with trainers others than Vedadrama Trainers: scanned certificates
 - Name your supervisor(s) with whom you will take or took 10 individual online hours.
 - Payment receipt no. for exam CP fees for the examiner (=reader of the work)
 - The written work 30 to 35 pages has to be handed in 3 to 4 months before exam too.
 - The Log on the practice (P-Log) and on supervision on that practice have to be completed within 12 months after exam.

Registration form

I register herewith for the exam in (town) on (date) with the below specifications. I enclose my A-Log (for all exam) and my P-Log (for CP exam) and confirm, that I have read all these pages.

Place:

Date:

Signature:

(Name)

2.Price list 2022 (individuals / Organisations)

1. Supervision (10 credits; 5 in the Executive Education group and 5 extra)

- a) 40 group-supervisions: incl. online days with Jochen (2 credits)
- b) Individual supervision 5,000 Rs (incl. GST; Organisations: GST extra)
- c) Pack of 10 supervision 45,000 Rs
- d) Group supervision (in person) 1 day (max. 10 pax.) 40,000 Rs (to be shared) (4 days needed)
- e) Group supervision (online) 1 day (10 hours or 2 times 5 hours, max. 6 pax.) 40,000 Rs (to be shared)

2. Exam fee 2022 (reading the work and attendance at Exam)

- a) Fee for reading the final work and exam: 16,000 Rs plus GST
- b) Attendance on the exam days: 4,000 Rs / day Plus GST (exam will have 2 or 3 days depending on the number of the participants)

Attendance Log (A-Log) 2022

Name	
Address	
Mail / Mobile telephone no	

This is my A-log (pls tick) for PLP for PLEP for CP and I enclose a digital/scanned copy of my participation certificates with noted credit points of Vedadrama India and others institutions/trainers as listed below. On the other certification I ask for approval to get the Credit Points included in my A-log

_____ (Place), _____ (Date) _____ (signature)

1. Running Group (PLP: 20 Credits; PLEP 40 Credits, CP: 60 credits)

	Trainer VEDADRAMA	Dates	Credits	Place, Remarks,
1				
2				
3				
4				
5				
6				
7				
8				
Total				
	other trainers Certified Psychodrama Trainer (TEP or similar)	Dates	CP	Remarks
1				
2				
3				
4				
Total				

2.Theory Classes (only CP, see certification scheme)

2.a	Trainer VEDADRAMA	Dates	CP	Content of the theory seminar
1				
2				
3				
4				
Total				
2.b	other trainers Certified Psychodrama Trainer (TEP or similar)	Dates	CP	Remarks
1				
2				
Total				

3. Supervision (only CP, see certification scheme)

	Supervisor VEDADRAMA	Dates	CP	type of Supervision: single (1:1)
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
Total				

Comments:

- It is duty of the participant to file the A-Log and keep the participation certificates ready. In case they got lost, new copies can be produced by the team of Vedadrama India against a fee.
- Digital / Virtual offers of Vedadrama have a reminder before the session and therefore the participant and the office of Vedadrama can keep track about actual participation. These virtual offers are to be entered as well. (presently 3 times 4 times hours are 2.5 credit points, exception apply).
- For getting ready for any of the three exam (see below) you have to have at least 80 % of the CP credits or 100 % of the PLP or PLEP gathered three months before exam. For CP: The balance can be done in these three month or even after exam.
- Supervision and Log on Practical work (P-Log) can be done even up to one full year after CP exam. The supervision is mainly to be done on the practical work (preparation and execution of own work and one's own role). The supervisor has to be approved by Vedadrama India before starting the supervision. Please look at the certification scheme.

- The A-log has to be handed in (especially for any exceptions) as early as and latest if exceptions are needed or you apply for exam three months before exam. Pls ask for exceptions early, as the decision process between India and Germany sometimes takes longer.



Vedadrama India Certification: Executive Education (2022/23)

This is the certification scheme of Vedadrama India is valid for the three levels of exam in 2022-23. Vedadrama India educates different professionals in a multi-professional approach: Coaches, Counsellors, Trainers/Educators and Practitioners.

- Vedadrama India is an ISO 29990: 2010 certified company. The education is certified by its partner PIB Germany (founded in 1973), the main Humanistic Psychodrama Institute, Hamburg, certified itself by the concerned Medical Council.
- Vedadrama India is an affiliate / institutional member of ASGPP, ISPS, IAGP and IAC-ITRAC.
- Vedadrama India cooperates with several Indian Universities and runs a University Certificate Program at Mangalore in a cooperation agreement.

Executive Education in Psychodrama in Three levels

1. After an introduction of 4 days (certificate course, University approved) the participant can attend 3 more 4 days education within one year to reach the first level: Psychodrama Leadership Practitioner: PLP.
2. With an additional year of studies (4 times four days) the participant can reach the median level: Psychodrama Leadership Executive Practitioner: PLEP.
3. Finally, the level of Psychodrama Director can be reached, which is called: Psychodrama Director – certified Practitioner CP. The title is given:
 - I. Master Coach und Psychodrama Director CP
 - II. Certified Counsellor and Psychodrama Director CP
 - III. Master Trainer and Psychodrama Director CP
 - IV. Lead Educator and Psychodrama Director CP
 - V. Therapeutic Practitioner and Psychodrama Director CP

Executive Education in Psychodrama in Three Authorizations

1. The PLP can include psychodramatic and sociometric methodologies within the framework of his/her original profession and skills. PLP authorizes prior skilled persons to be called: Coach PLP or Counsellor PLP / Trainer PLP / Educator PLP / Practitioner PLP.
2. The PLEP will include psychodramatic and sociometric methodologies within the framework of his/her original profession and skills. In addition, deeper knowledge and skills of conducting groups and sociodramas will be available to the participant. PLEP authorizes prior skilled persons to be called: Coach PLEP / Counsellor PLEP / Trainer PLEP / Educator PLEP / Practitioner PLEP.
3. The Psychodrama Director CP is entitled to use the whole range of psychodrama, sociometry and sociodrama by him/her own and use this within the own profession and beyond. The CP is entitled to teach psychodrama under supervision. The CP can apply Psychodrama with individuals and with groups additionally sociodrama and sociometry. The CP will beyond the appropriate use of practical skills understand deeply the humanistic background of Psychodrama and value its ethics, foundations and attitudes.

Executive Education in Psychodrama - Three Exams

1. The PLP exam is oral in the end of the year. The participant gets a feedback of the trainer and the fellow participants added by an oral self-evaluation after 4 times 4 days of training. Finally, the trainer gives the statement: passed or partially/not passed. If not fully passed the participant can reappear for this oral exam in one of the next sessions.
2. The PLEP exam is similar to PLP. In addition, a small spontaneous practice (20 to 30 minutes) is to be shown in the group.
3. The Psychodrama Director CP exam has a written part (30 to 35 pages) and a practical exam (60 Minutes) to prove the acquired knowledge, skills and attitude. The practical part will be performed within the educational group

Specifics of the Executive Education in Psychodrama

- a) Learning happens in a stable or almost stable group of peers. This is good for confidence, self-growth and understanding group dynamics.
- b) Education is a Training cum Practice. Skills are not only mentally learned but immediately practiced with care.
- c) The blended mixture of theory learning and creative group interaction training will combine knowledge with spontaneity. Participants are ready for unforeseen and unpredictable situations.

Details of the Executive Education in Psychodrama

1st Year the first 20 Credits (Psychodrama Leadership Practitioner PLP)

4 times 4 days (160 study-hours) with self-experience for personal growth, training on methodology and introduction in sociometry, psychodrama and group processing.

This program is a full program and certified and complete in itself. Continuation is optional.

The title given after 16 days is: Psychodrama Leadership Practitioner (PLP)

2nd Year the additional 20 Credits (Psychodrama Leadership Executive Practitioner, PLEP)

4 times 4 days (160 study-hours) with self-experience, use of methodologies, application training and advanced knowledge on sociometry, psychodrama and group processing.

This program is a full program and certified and complete in itself. Continuation is optional.

The title given after 32 days is: Psychodrama Leadership Executive Practitioner (PLEP)

3rd & 4th year the additional 80 credits (Psychodrama Director CP)

- 20 credits: 4 times 4 days (160 study hours, 20 credits) different Theory-seminars, can be started in the second year
- 20 credits: 4 times 4 days (160 study-hours) with self-experience in the role of conductor, application training on psychodrama and group processing, supervision
- 20 credits (160 study hours): 120 study hours of own practice of conducting psychodrama with individuals and groups and corresponding 40 units of supervision (at least 10 individual time hours and at least six group supervisions online in a small group of max. 6 persons or 4 days group supervision with the exam candidates in a real meeting)
- 20 credits (160 study hours): Literature study (79 study hours), writing of a final work (30 – 35 pages, 80 hours) and practical oral exam (1 hour)

The title given after the total of 120 credits is: Psychodrama Director CP.

Valid from September 1st, 2020 / Valid for Dec. 2022 exam

Log on own practical work (P-Log for CP exam)

Name	
Address	
Mail / Mobil	

1. The practical work (120 hours of 45 Min. / 90 time hours of 60 Min.)

1. You have to have own practice in Psychodrama outside the training group and outside the Peergroup.
2. This practice can be real presence or online.
3. It can be with individual clients or with small or larger groups.
4. Each "Hour" is 45 Minutes. 120 "hours" are needed, that is 90 time hours.
5. Sociometry, Protagonist play, Vignette, role work etc. can and should be part of this work (at least 30 % of each session), but the whole session is counting towards practice, not only these minutes, where you do explicit "psychodramatic interventions".
6. For the written exam you need to have one client (one group) with at least 5 meetings/ sessions.
7. You write down a very short report on each session (some 2 to 3 lines, not a "VERBATIM", but a summary of interventions)
8. You discuss this work and the questions which arise with your supervisor.
9. You should have part of this done before exam and you get time 3 months after exam to complete this. Only when completed you will get the hard copy of your certificate.

2. P-Log

This is my P-log for CP and I assure that I could enclose a copy of my original contracts or bills without showing the name of the client(s) or any other proof of the own work being done and I include my written report on this.

Remarks: For other work without proof, I have to consult the supervisor as to get it included in the log. Pls. get his/her exception on this early in writing and include this with your P-Log. The work must be in contact with your CP field of work. If not ask the supervisor for exceptions.

_____ (Place), _____ (Date) _____ (signature)

P-Log

1. Short description of my work filed or fields (1/2 page)

2. The log itself:

a) Client(s) 1, name(s) abbreviated: _____

Session number	Date	Time (in minutes)	Topic/Remarks / short description (2 sentences)
1			
2			
3			
4			
5			
6			
7			
8			
Total			

b) Client(s) 2, name(s) abbreviated: _____

Session number	Date	Time (in minutes)	Topic/Remarks / short description (2 sentences)
1			
2			
3			
4			
5			
6			
7			
8			
Total			

c) Client(s) 3, name(s) abbreviated: _____

Session number	Date	Time (in minutes)	Topic/Remarks / short description (2 sentences)
1			
2			
3			
4			
5			
6			
7			
8			
Total			

a) to x) Total P-Log (all clients and client groups):

Client(s) number	Total Time (in minutes)	Total in "hours" of 45 MInuts	Remarks
1			
2			
3			
4			
5			
6			
7			
8			
Total		120 ++	

The written work

Part 1 (15 Pages)

Write just on **at least five** sessions of at least 45 minutes, which you have done with ONE client or ONE group (for example in therapy work) either online or in real presence (this can have happened even earlier than 2020). The five sessions can be part of a larger amount of sessions. A session has at least 60 minutes and can be longer.

Psychodrama elements can be a part (but must not be the only one part) of this! **You MUST follow this structure** and answer to all the questions below:

1. The Setting (of your own practice /work)
2. The Agreement (which you have with the client(s) // setting/contract with the client(s))
3. Description of the meetings (if any) you had with your client(s) so far and further need for consultation the client(s) reported
4. In depth description of the five psychotherapist-client meetings/sessions with (some) **psychodrama approach/treatment-elements**:
 - a. Start of each session
 - b. Agreement of each session
 - c. Warming up (if any?)
 - d. Initial start and interventions
 - e. Main treatment / description of the psychodramatic methodologies used
 - f. Any forms to bring the client back to normal (sharing, reality proof)
 - g. Any further agreements
 - h. Ending the sessions
5. Reflection on the sessions
 - a. Was the assumption of the task before the session and after the session the same?
 - b. Which were the methods used? What is the core potential of this methods and approach? Why were they used? How it worked? Would there be any other method (psychodramatic/other) which would have same or even better effect?
 - c. What was the outcome for the client?
6. Self-Reflection on once own role in the session.
7. Self-reflection on the work as a therapist/counsellor after psychodrama training
8. Reflection, why and what especially helped the client(s) to either role – expand or enlarge their creativity/spontaneity or get an emotional and practical solution. Name it. Reflect on it.

Part 2 (on what you found in No. 2, 8) 15 pages (suggestions):

1. *Correctly name the methodology and approach which are helping your clients.*
2. *Reflect und discuss – by using multiple citations – how other psychodramatists see that.*
3. *Describe another concept, who will likely have similar results and compare the approaches with the Psychodramatic approach and discuss on that and give citations of others.*
4. *If you feel the need to teach this concept to them, how you would describe it. Give citations.*